

IBUPROFEN (MOTRIN)

PRODUCT	12-17 lbs	18-23 lbs	24-35 lbs	36-47 lbs	48-59 lbs	60-71 lbs	72-95 lbs	96+ lbs
Infant's Liquid 50 mg / 1.25 mL	1.25 mL	1.875 mL	2.5 mL	3.75 mL				
Children's Liquid 100 mg / 5 mL		3.75 mL	5 mL	7.5 mL	10 mL	12.5 mL	15 mL	20 mL
Children's Chewable 100 mg tablet			1 tab	1 ½ tab	2 tabs	2 ½ tabs	3 tabs	4 tabs
Adult 200 mg tablet					1 tab	1 tab	2 tabs	2 tabs

DO NOT USE UNDER 6 MONTHS OF AGE

Ibuprofen can be given every 6 to 8 hours up to 4 times in 24 hours

If your child has a fever for greater than 3 days, call our office to be seen or to speak with one of our triage nurses

tsp = teaspoon

5mL = 1 teaspoon

1 cc = 1mL

CHART NOTES

POISON HeP POISON CONTROL 1-800-222-1222



IBUPROFEN (MOTRIN)

- ❖ **Brand names:** Advil, Motrin or store brand ibuprofen
- ❖ **Dose:** Find your child's weight in the top row of the dosage table. Look below the correct weight for the dose based on the product you have. Adult dose is 400mg.
- ❖ **Measure the Dose:** Use the syringe or dropper that comes with the medicine. If not, you can buy a medicine syringe at a drug store. If you use a teaspoon, it must be a measuring spoon. **REASON:** Regular spoons are not reliable. Keep in mind: 1 level teaspoon equals 5mL.
- ❖ **Age Limit:** Don't use younger than 6 months unless told to by your child's doctor. **REASON:** The FDA has not approved ibuprofen for infants younger than 6 months.
- ❖ **Caution:** Do not use ibuprofen (Advil or Motrin) and acetaminophen together. **REASON:** no benefit over using one medicine alone and risk to giving too much. **EXCEPTION:** Your child's doctor told you to give both.

TIPS FOR GIVING MEDICINE TO INFANTS

- Do not squirt medicine directly at the back of the baby's throat. This can cause them to choke.
- Use an oral syringe and let your infant suck the medicine out of the syringe.
- Give medicine right before feeding your baby unless your doctor tells you not to. This way the baby is hungry and more likely to swallow the medicine.
- Stroke the infant's cheek gently to get him to open his mouth. Put a small amount of medicine on either side of his tongue.
- Avoid mixing medicine with foods your child must have.

TIPS FOR GIVING MEDICINE TO CHILDREN ≥ 1 YEAR

- Mix the medicine with a small amount (1 to 2 teaspoons) of juice or sweetened water. You can try mixing it with small amounts of soft foods like ice-cream, pudding, or jello.
- Explain to your child why he needs to take the medicine in words he can understand
- When possible let your child choose how to take the medicine. Let him hold the spoon, cup, or syringe and take it himself.
- Praise your child every time he takes the medicine without a struggle. Try to ignore your child's behavior when he does not cooperate.
- Never call medicine "candy". Call it medicine