## Normal Development: 1 to 2 Months

## Movement

- Movements gradually become more smooth and controlled.
- Lifts chin for a few seconds when lying on tummy.
- Cannot support head without help.
- Grasps whatever is placed in hand.

## Vision and Hearing

- May follow some moving objects with eyes.
- Explores surroundings with eyes.
- Turns in direction of some sounds.

## **Interactive Behaviors**

- Cries to express specific things, such as hunger, pain, being too hot or too cold, and excitement.
- May cry when left alone; usually stops when picked up.
- Makes gurgling and cooing sounds when happy and content.
- Starts to make eye contact.
- May quiet down in response to human faces.
- Responds positively to being held and comforted.
- May smile at familiar faces and voices, especially mother's voice.

Each child is unique. Some behaviors and physical milestones tend to occur at certain ages, but a wide range of growth and behavior for each age is normal. It is natural for a child to reach some milestones earlier and other milestones later than the general trend. If you have any concerns about your child's own pattern of development, check with your healthcare provider.

Written by Donna Warner Manczak, PhD, MPH and Robert Brayden, MD.

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