## BRIGHT FUTURES : \*\* TOOL FOR PROFESSIONALS

## Center for Epidemiological Studies Depression Scale for Children (CES-DC)

	Number				
	Score				
INSTRUCTIONS  Below is a list of the ways you might have felt or acted. Please check how much you have felt this way during the past week.					
DURING THE PAST WEEK	Not At All	A Little	Some	A Lot	
1. I was bothered by things that usually don't bother me.					
2. I did not feel like eating, I wasn't very hungry.			·		
<ol><li>I wasn't able to feel happy, even when my family or friends tried to help me feel better.</li></ol>					
4. I felt like I was just as good as other kids.		· · · · · · · · · · · · · · · · · · ·		<del></del> . i	
5. I felt like I couldn't pay attention to what I was doing.				<del></del>	
DURING THE PAST WEEK	Not At All	A Little	Some	A Lot	
6. I felt down and unhappy.					
7. I felt like I was too tired to do things.		· · · · · · · · · · · · · · · · · · ·		:	
-3: 8. I felt like something good was going to happen.		· · · · · · · · · · · · · · · · · · ·	· <del>· · · ·</del> · · ·		R
9. I felt like things I did before didn't work out right.			· · · · · · · · · · · · · · · · · · ·		
10. I felt scared.			<del></del>		
DURING THE PAST WEEK	Not At All	A Little	Some	A Lot	
11. I didn't sleep as well as I usually sleep.	· · · · · · · · · · · · · · · · · · ·	an in the layer of <del>a control of the same of the control of the co</del>		, <del></del> . ,	
12. I was happy.	1	<u> </u>	· · · · · · · · · · · · · · · · · · ·	·	R
13. I was more quiet than usual.		, , —			
14. I felt lonely, like I didn't have any friends.		<u></u>	, <del></del>		
15. I felt like kids I know were not friendly or that they didn't want to be with me.					
DURING THE PAST WEEK	Not At All	A Little	Some	A Lot	•
16. I had a good time.		. , ,,	.,		R
17. I felt like crying. 18. I felt sad.	Patas <u>— — — —</u> — — —		·		
19. I felt people didn't like me.					
20. It was hard to get started doing things.					